

# All Praise Belongs to Allah

All praise is due to Allah, the Lord of the Universe;  
the Beneficent, the Merciful; Lord of the Day of Judgement.  
You alone we worship, and to You alone we turn for help.  
Guide us to the straight path: the path of those You have blessed;  
not of those who have earned Your anger,  
nor of those who have gone away from the right path.\*

*(Al-Fatihah 1:1-7)*



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\* When people know how great Allah's bounty is, that should make them feel grateful.

## Prayers for Parents

Lord, be merciful to them both,  
as they raised me up when I was little.\*

*(Al-Isra 17:24)*

We have commanded man to be kind to his parents:  
his mother bore him, in pain and in pain she gave birth to him, and his  
bearing and weaning take thirty months.  
At length, when he has become an adult and  
attains forty years, he says, 'O my Lord!  
Help me to be grateful for Your favours which  
You have given to me, and to both my parents,  
and to do good deeds that will please You.  
Grant me righteousness in my children.  
Truly, I have turned to You and, truly, I submit to You.'

*(Al-Ahqaf 46:15)*

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\* After his duty towards his Lord, the first duty of a person is towards his parents. Many passages in the Quran and sayings of the Prophet Muhammad tell the believer to be good and courteous to his parents. The Quran reminds us of how carefully our parents brought us up and, especially by our mothers. This duty is an even greater necessity when parents become old. Thus the Quran tells us to be thankful to our parents and obey them at all times. Loving your parents, praying for them, helping them and never doing anything which may displease them are basic teachings of the Quran. We should follow these teachings, so that Allah may be pleased with us and grant His blessings in this world and in the world to come.

## Prayers for the Family

**M**y Lord, save me and my family  
from their evil doings.

*(Al-Shu'ara' 26:169)*

**L**ord, grant me a righteous son.

*(Al-Saffat 37:100)*

**R**emember Zakariyya, when he called out to his Lord,  
'Do not leave me heirless Lord, You are the best of heirs.'

*(Al-Anbiya' 21:89)*



## Seeking Help

Our Lord, accept this from us;  
for You are All-Hearing, All-Knowing.

*(Al-Baqarah 2:127)*

My Lord, judge with truth.  
Our Lord is the Gracious One whose help  
we seek against what you utter.

*(Al-Anbiya' 21:112)*

My Lord, I seek refuge with You from the prompting  
of the satans. I seek refuge with You, Lord,  
lest they should come near me.\*

*(Al-Mu'minun 23:97-98)*

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\* Whenever any bad thoughts come to your mind, such as those of anger, hate, violence, revenge, jealousy, arrogance, etc., you should immediately know that you are under the influence of Satan, and you should pray to Allah for His help. It is Allah alone who can save man from Satan's attack. The above prayer is the perfect remedy for ridding yourself of Satan.